



Püspala

**Safety, Genuine experiences,
Pure nature, Lovely memories**

Join the adventure!



Tracing a better life

Piispala is a well-known youth centre as well as a popular nature-, sports- and wellbeing resort in the heart of Finland. With our great accommodation, versatile facilities, friendly and professional services, and the authentic Lakeland natural surroundings, we offer a **safe, responsible and goal-oriented environment** for various camps, holidays, trainings, conferences, tournaments, and other events. Learning, nature, adventure, relaxation, exercise and experience, we have it all.

Accommodation

Row houses, wooden apartment building, duplex houses and cottages. Capacity for 242–420 guests.

Dining

150-seat dining hall, bakery and café. Healthy buffet meals are served, special diets, vegetarian options or other custom meals always available.

Conference and workshop rooms

9 conference and groupwork rooms for different occasions, with Wi-Fi connection, projector and flipchart stand. Music and media workshop rooms, and classrooms for different handcrafts.

Saunas

Lakeside saunas with fireplace lounges, traditional smoke sauna with a fisherman's cottage as its lounge, swimming hall SPA saunas, cottage sauna and row-house sauna.

Indoor sports

Swimming hall, ice rink, bowling alley, gym, sports halls, climbing wall, football hall with artificial turf.

Outdoor sports

4,5km lighted jogging, biking and skiing paths, disc golf course, orienteering track, geocaches, outdoor climbing/ice climbing tower, adventure/stunt track, snowshoeing, snow sports centre, parkour, beach volleyball and various water sports, etc.

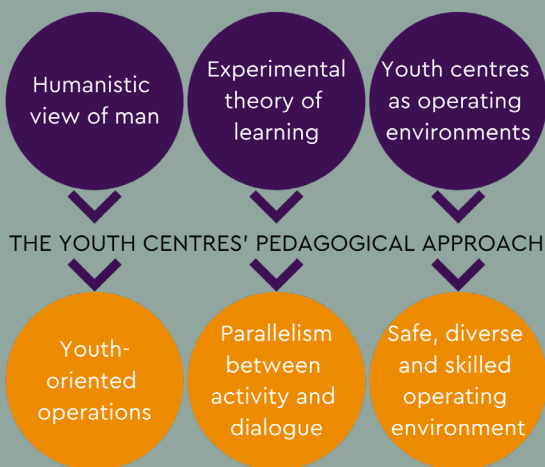
Other

Animal Home Pihka, body composition measurement, teaching kitchen, lean-to kitchen, Laplander's Hut Kota, barbecue shed, campfire places, etc.

“It takes the whole Centre to raise a child”

We are supervised by **the Ministry of Education and Culture**, following the current Youth Act and The National Youth Work and Youth Policy Programme.

As one of the national Youth Centres, we follow the method of **non-formal education** which supports the Finnish curriculum with activities outside the traditional academic classroom setting and we follow the common educational approach: **the Youth Centre Pedagogy**.



We work with heart and professionalism. Our instructors are highly qualified and have certification in youth work, social work, sports or environmental studies. Our expertise in youth work includes **outdoor, adventure and environmental education, activity-based and participatory methods, and experiential learning**.

We empower children and young people to find their strengths, challenge themselves, and increase their competences to think and solve problems, communicate and work in a group.

By using diverse educational methods, we can provide each child a possibility to learn something new and strengthen their self-esteem.

Activities

Our multiple facilities and services have been built and designed especially for children, youngsters and families. We offer more than 50 different programmes for your selection. Whether you want to learn new sports, creative handcrafts, or dive into the natural experiences of the Lakeland Region, just join the adventure with us!

Sports and Health



- Archery
- Bowling
- Bubble football
- Camp Olympics
- Circus
- Cross-country skiing
- Curling
- Disc golf
- Eco-shooting
- Exercise with music
- Finnish yard games
- Gym workouts
- Ice sports
- Indoor sports
- Indoor stunt track
- Orienteering
- Outdoor games
- Stunt and low-rope course
- Water adventure

Nature and Adventure



- Canoeing
- Outdoor climbing
- Descending
- Ice climbing
- Fishing
- Forest adventure
- Forest hiking
- Forest night excursion
- Geocache
- Green Care (Animal Home)
- Hide and seek
- Indoor wall climbing
- Nature sensibility exercise
- Snow hill sledding
- Snowshoeing
- SUP paddling
- Viking boat excursion
- Wilderness survival skills
- Winter fishing

Arts and Crafts



- Box photography
- Drama workshop
- Eco jewelry/bracelet from recycled material
- Gelli printing
- Graphic arts
- Jewel grinding
- Needle felting
- Pimp-up workshop
- Scrapbook design
- Soapstone amulet making
- Textile printing (camp shirt)
- Theatre make-up



***Experiential learning,
Inspiring moments!***

Camp school

As the biggest Youth Centre in Finland, we are also experienced in organizing educational camps and events for international children and young people, who will learn much about Finnish culture and nature, improve their **learning, teamwork, self-reflection and social skills** – all of which will help them move forwards in life with confidence.

Piispala Camp School Example (4N/5D)

Day 1	Day 2	Day 3	Day 4	Day 5
	7:45 – 8:45 Breakfast	7:45 – 8:45 Breakfast	7:45 – 8:45 Breakfast	7:45 – 8:45 Breakfast
	9:00 – 11:00 ☀️ Viking boat excursion ❄️ Cross-country skiing	9:00 – 10:00 Curling 10:00 – 11:00 ☀️ Climbing tower ❄️ Ice climbing	9:00 – 11:00 ☀️ Canoeing ❄️ Skating + Ice hockey	9:00 – 11:00 Bubble football + Camp Olympics 11:00 – 11:30 Camp closing
	11:15 – 12:15 Lunch	11:15 – 12:15 Lunch	11:15 – 12:15 Lunch	11:30 – 12:30 Lunch
Arrival to Piispala, Check in, Site familiarization, Camp opening	13:00 – 16:00 Camp T-shirt making + Archery	13:00 – 16:00 ☀️ Forest hiking, including nature education ❄️ Forest adventure with snowshoes + snow hill sledding	13:00 – 16:00 Sustainable Green Care activities at Animal Home + Making a Finnish soapstone amulet	Departure to the next stop
16:30 – 17:30 Dinner	16:30 – 17:30 Dinner	16:30 – 17:30 Dinner	16:30 – 17:30 Dinner	
Kota evening BBQ sausage Beach activities	18:00 – 20:00 Lakeside sauna + lake swimming ❄️ Ice-hole swimming	Free activities e.g. Indoor ball games, swimming, bowling	18:00 – 20:00 Finnish food culture: Baking workshop	

Note: ☀️ Summer only activity will be replaced by ❄️ winter activity in winter.

We take customers' needs into consideration when designing the camp programmes and days. Thanks to our wide cooperation network, we can also help arrange a local school or university visit with themes such as experiencing Finnish education, digital technologies, bio economy and circular economy during the camp.

Family Holidays

We follow the principle of leading families towards a better life and support families in finding the balance of everyday life. Peaceful natural environment, healthy and tasty buffet meals, flexible customer services as well as opportunities for varied exercises and accommodation, are our foundations to give all-round supports to families.

Daily programmes are arranged in a reasonable way, including joint activities as a family and separate activities for both children and adults. Based on our experience, we have ready-made programmes to offer, or the programmes can be customized for families considering their needs and backgrounds.

***With us, the family is sure to enjoy new
and fun experiences every day.***

Children's top favorites are the indoor stunt track, outdoor stunt and low-rope course, ice sports and activities with animal friends in Pihka. In winter, skiing on the lighted ski tracks and speedy sledding on the snow hill bring winter fun to the whole family. In summer, the beautiful nature calls you up to seek the positive natural wellbeing effects by playing Disc golf, looking for geocaches, enjoying canoeing or stand-up paddling.

Lovely memories

Sustainable Travel

We offer tailor-made sustainable educational camps and holiday products. We are a social enterprise and every one of our customers support Finnish youth work.

Respect for life and nature is an important value to us. We have been awarded **Green Key** and **Sustainable Travel Finland** labels, which indicates our commitment to protect the environment and reduce our carbon footprint. We want to offer our customers a responsible holiday and teach new ways to be more sustainable.

We create moments that allow children and youth to strengthen their relationships with nature.

We encourage our customers to work together with us for the benefit of the environment by sorting wastes, saving water and energy and reducing food waste.

We encourage our customers to move around our area on foot, and also rent bikes, snowshoes, skis, SUP-boards and rowing boats to our customers.

Through our activities, we teach the children the principles of sustainability and about environmental responsibility.

Choose us and choose to be more responsible!



Youth Centre Piispala, established in 1982, is the biggest of the nine national Youth Centres supported by the Finnish Ministry of Education and Culture. We are surrounded by the purest nature in Kannonkoski, Central Finland, with great outdoor and adventure opportunities. We are a full-service supplier, offering high-quality programmes, comfortable accommodation, healthy meals and diverse facilities that suit your needs.

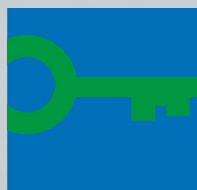
Our primary mission is to promote youth activities and support the good life of children and young people locally, nationally and internationally. We also serve as a holistic centre of leisure, sports and wellbeing for families, seniors, businesses and sports groups. The wide range of activities guarantee an enjoyable time for customers of all ages.

Experience like a local!

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Green Key



**SUSTAINABLE
TRAVEL
FINLAND™**

